

Behavior & Discipline

When an athlete does not meet YBAC expectations, coaches will address the behavior with the goal of protecting the training environment, reinforcing accountability, and helping the athlete make better decisions.

PROGRESSIVE DISCIPLINE

When appropriate, behavioral concerns will generally follow a progressive process:

1 | WARNING

The athlete receives a verbal or written warning. Parents may be notified depending on the athlete's age and the nature of the concern.

2 | ATHLETE + FAMILY MEETING

Continued or repeated concerns may require a meeting with the athlete, family, and coaching staff to discuss the behavior and establish expectations moving forward.

3 | SUSPENSION

Further violations may result in a suspension from YBAC for up to one week. A suspended athlete may not participate in practices, competitions, or team activities during the suspension.

4 | REMOVAL FROM THE TEAM

Continued violations following previous intervention may result in removal from the YBAC Hurricanes.

SERIOUS CONDUCT

Not every situation will follow each step of progressive discipline.

Behavior involving athlete safety, bullying, harassment, hazing, discrimination, threats, violence, serious misconduct, or violations of YMCA, USA Swimming, or Safe Sport policies may require immediate escalation, suspension, or removal.

RETURNING TO THE TEAM

When appropriate, coaches may establish expectations that must be met before an athlete returns to training or competition following disciplinary action.

Disciplinary decisions will consider the athlete's age, the nature and severity of the behavior, previous concerns, and the impact on other athletes and the team.

