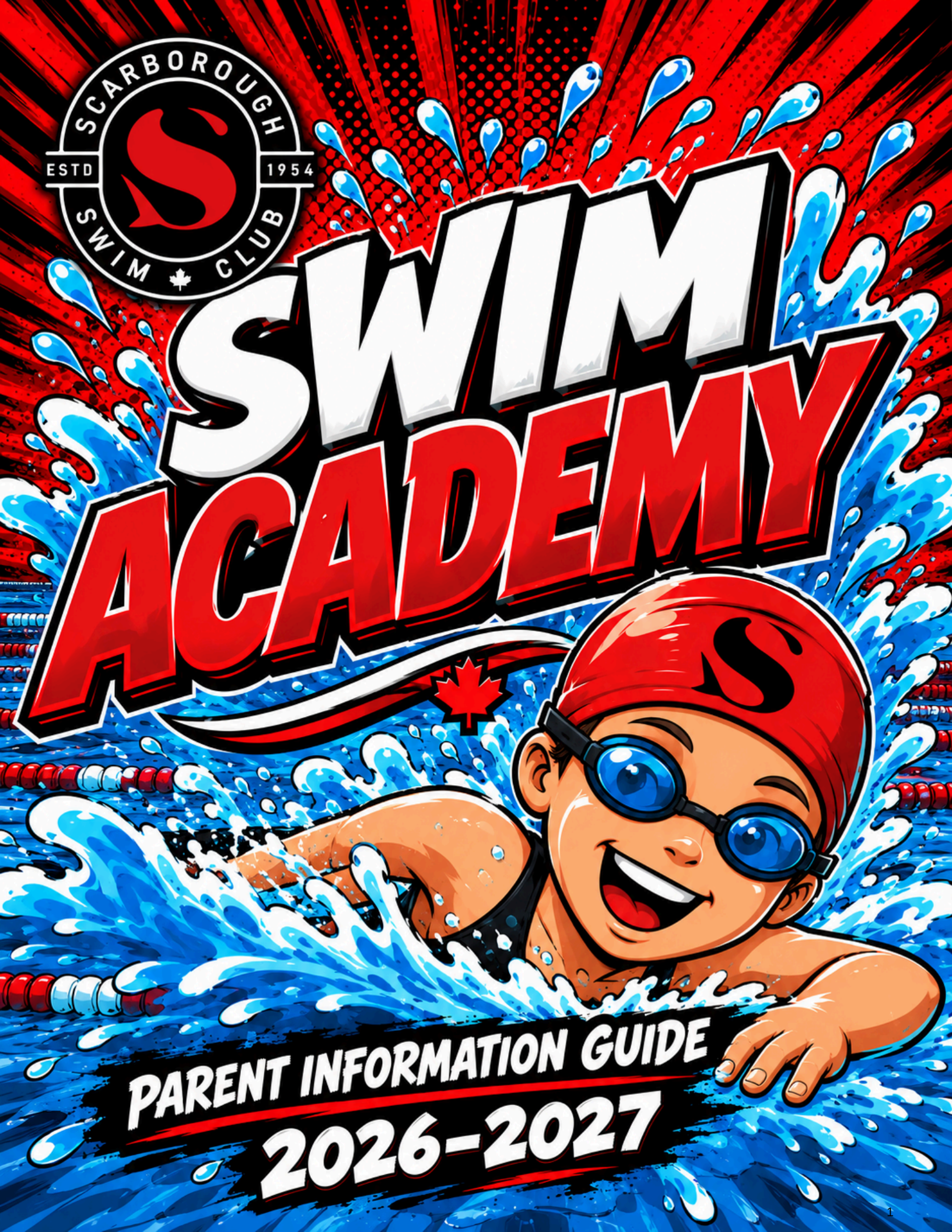

SCARBOROUGH
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SWIM CLUB
SWIM
ACADEMY
PARENT INFORMATION GUIDE
2026-2027

Parent Information Guide | 2026–2027

Scarborough Swim Club

Our Vision

Inspiring swimmers to achieve their personal best—in the pool and beyond.

Our Mission

The Scarborough Swim Club is committed to being a leading swim club in Ontario, inspiring every athlete to achieve their highest potential through an inclusive and supportive culture that values teamwork, growth and discipline.

SCAR is a not-for-profit organization providing professional swim instruction and competitive coaching since 1945. Our programs help swimmers develop fitness, confidence, discipline, teamwork and perseverance.

Program Structure

Session 1 | September 2026 – January 2027

The original Academy 1–4 and Swim+ structure applies to Session 1.

Group	Practices / Week	Practice Length
Academy 1	3	35–45 min
Academy 2	3	45 min
Academy 3	3	60 min
Academy 4	4	60–90 min
Swim+	4	90 min (Saturday 105 min)

Session 2 | February – June 2027

Session 2 uses age-based Grey, White, Red and Black groups.

Group	Age	Practices / Week	Length	Focus
Grey	6–8	3	30 min	Four strokes, turns and fundamentals
White	8–10	3	45 min	Four-stroke development and refinement
Red	11–14	4	60 min	Advanced stroke development and fitness
Black	14+	3	60 min	Swimming fitness and aquatic readiness

Black Group is a non-competitive swimming-fitness pathway; its current program emphasis is freestyle technique and endurance. It is not a lifeguard certification course.



Swimmer Advancement

For both sessions, coaches use test sets and consistent technique to assess competitive readiness. Competitive move-ups are by invitation.

Required Equipment

All swimmers should wear a properly fitted training swimsuit and bring the required equipment to each practice. Board shorts, rash guards, shirts and full-body suits are not permitted under the online guide. Label personal items.

Session 1 equipment

Group	Required equipment
Swim 1	Training suit, goggles, SCAR cap, kickboard, Finis long fins only, mesh bag
Swim 2	Training suit, goggles, SCAR cap, kickboard, Finis long fins only, mesh bag, agility paddles, ankle strap (Finis or Arena only)
Swim 3	Training suit, goggles, SCAR cap, kickboard, Finis long fins only, mesh bag, agility paddles, ankle strap (Finis or Arena only), snorkel
Swim 4	Training suit, goggles, SCAR cap, kickboard, Finis long fins only, mesh bag, agility paddles, ankle strap (Finis or Arena only), snorkel, pull buoy
Swim Plus	Training suit, goggles, SCAR cap, kickboard, Finis long fins only, mesh bag, agility paddles, ankle strap (Finis or Arena only), snorkel, pull buoy

Session 1 equipment note: No scuba snorkels, scuba fins, short fins, or medium fins are permitted. Finis long fins only.

Session 2 equipment

Group	Equipment
Grey	Training suit, mesh bag, SCAR cap, goggles, kickboard, Finis long fins only, ankle strap (Finis or Arena only), agility paddles
White	Training suit, mesh bag, SCAR cap, goggles, kickboard, Finis long fins only, ankle strap (Finis or Arena only), agility paddles, snorkel
Red	Training suit, mesh bag, SCAR cap, goggles, kickboard, Finis long fins only, ankle strap (Finis or Arena only), agility paddles, snorkel, pull buoy
Black	Training suit, mesh bag, SCAR cap, goggles, kickboard, Finis long fins only, pull buoy

Session 2 equipment note: No scuba snorkels, scuba fins, short fins, or medium fins are permitted. Finis long fins only.

Equipment and apparel questions: scaracademy@scarswimming.ca.



Session Schedule and Fees

Session 1: September 2026 – January 2027 (18 weeks). **Session 2:** February – June 2027 (approximately 18 weeks).

Session 1 training fees

Group	Training Fee
Swim 1	$700
Swim 2	$900 (2A $875; 2C $825)
Swim 3	$900 (2B $825)
Swim 4	$1,425
Swim+	$1,325

Session 1 adjustments noted in the online guide reflect Monday holidays and West Hill.

Session 2 training fees

Group	Training Fee
Grey	$875
White	$900
Red	$1,425
Black	$1,325

Annual registration fee: $160, separate from training fees, includes SCAR registration, a team T-shirt, latex cap, Swim Ontario and Swimming Canada registration and associated coverage.

Breaks and closures

Winter holiday break: December 21, 2026 – January 3, 2027. March break: March 15–20, 2027. Statutory holidays and special TPASC events may also affect training. Families will be informed about special closures.

Refund and Withdrawal Policy

The following shared refund policy follows the online parent guide. SCAR commits pool and coaching costs in advance.

Withdrawals: Submit all withdrawal requests in writing to scaracademy@scarswimming.ca.

Timing	Policy
Before August 1, 2026	Registration and training fees fully refundable
On or after August 1, 2026	Registration fee ($160) non-refundable; $100 administration fee applies
On or after September 1, 2026	Registration and training fees paid are non-refundable

Missed Practices and Unforeseen Closures

Classes may be cancelled due to pool closures, severe weather, power failures, or swim-meet scheduling conflicts. No refunds, credits, or makeup practices are provided for closures or swimmer absences.



Withdrawals require 30 days' written notice. Refund eligibility is governed by the policy on page 4.

Swimmers attend only their registered group, days and practice times. Switching days, joining other groups, or using alternate practices as makeups is not permitted.

Entry Assessments

All new swimmers must complete an assessment before acceptance. Coaches assess technical ability, physical readiness, coachability, and suitability for the Academy. Swimmers must be at least 6 years old.

Swimmers should demonstrate 25 m freestyle and backstroke, streamlined push-offs and body position, response to technical feedback, willingness to learn, and the ability to listen and follow group instructions.

Book an assessment at www.ScarSwimming.ca using the "Tryouts" button on the home page.

A 10% sibling discount on lesson fees for two or more siblings is available.

Registration

Register through Commit Swimming using the group assigned or recommended by SCAR coaches. Required items include club forms and waivers, Swim Ontario/Canada registration and waiver, and the TPASC facility waiver.

Sportlomo sends a link to review the swimmer's registration and waivers. Select Update on the existing swimmer account; do not select Register/Renew or Upgrade/Add New Category. Swimming Canada registration should be finalized with the existing account.

Progress Reporting and Sport Safety

Goal Sheets — Sessions 1 and 2

Both sessions use group-specific goal sheets to identify skills swimmers are working toward and to track progress and improvement.

Rowan's Law

Swimmers under 26 and a parent/guardian for swimmers under 18 must review the Ontario concussion awareness resources and acknowledge them each season.

Safe Sport

SCAR coaches have completed Coaching Association of Canada Safe Sport Training. Families are encouraged to explore the free training at https://safesport.coach.ca/participants-training.



Pool Locations and Parent Access

Parent Access and Swimmer Drop Off and Pickup

Parents must drop off and pick up swimmers at the entrance to the pool. Please do not enter the pool deck. Parent deck seating is not permitted at either pool.

Communication with Instructors

To speak with an instructor, please email the Swim Academy Lead to arrange a meeting. Parent discussions with instructors will not be held on deck, so instructors can remain focused on teaching and supervising swimmers.

Toronto Pan Am Sports Centre (TPASC)

875 Morningside Avenue (Morningside Avenue and Hwy 401). All parent viewing is on the main level. No deck seating is permitted. All swimmers must shower before entering the pool, as required by TPASC. Swimmers may be asked to return to the change room to shower. Swimmers require an access card to enter through the lobby turnstiles. Lost cards can be replaced at the Customer Service Desk for $10. Cards can also be connected digitally through the TPASC app.

West Hill Collegiate Institute

350 Morningside Avenue (Morningside Avenue south of Ellesmere). Parents must wait in the hallway or outside, not on the pool deck. Drop off and pick up swimmers at the pool entrance. All swimmers must be picked up by 8:10 p.m. The building is locked at 8:10 p.m., and no entry is permitted after that time.

