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# VERNON HILLS TURTLES

## NEWSLETTER

✳ [WWW.VHTURTLESSWIMTEAM.ORG](http://WWW.VHTURTLESSWIMTEAM.ORG) ✳



We only have a week and a half left before the Swim-A-Thon, and I want to give a big shout-out to everyone who has already raised funds- great job! For those who haven't started yet, let's kick things into high gear over the next 10 days. Together, we can see how much more we can raise! If our team reaches \$7,000.00 or more, we'll celebrate with a fun pizza party for everyone.

And don't forget, for every \$25 you raise, you'll earn an entry into our raffle for a chance to win a seat at the Wolf Game on December 14<sup>th</sup> (1 lucky person from each group). this will be a team social outing more info to follow in the comming weeks . Let's make this last stretch count and have a fantastic time together!

### **First Swim Meet was great**

Our first Rec Meet was exciting! We had some fantastic first swims, and while there's still room for improvement, we're in a better position than I initially thought. This progress is thanks to all the hard work you've been putting in during practice. Let's keep up the great effort!

Remember, photos from the meet are posted on our website under 'Pictures.' I've also included a few below so you can see the atmosphere we had.





## Safe Sport – Parents & Swimmers

We still need swimmers and parents to do the Online Safe Sport Training. If you have not done so, please do so as soon as possible.

- Swimmers 5 to 12 -“Safesport for Kids”
- Swimmers 13 to 17 -” Safesport for youth athletes(13 - 17)
- Parents - **Parent’s Guide to Misconduct in Sport”**



\* **LFSC Monster Mash - USA**

Oct 25<sup>th</sup> - 26<sup>th</sup>, 2025

**Location:**

Rec Plex Pleasant Pirie

\* **Schaumburg & Elk Gove Vs Vernon Hills -REC**

Nov 8<sup>th</sup>, 2025

**Location:**

Vernon Hills High School

\* **COHO Arena Winter Classic -USA**

Dec 6<sup>th</sup> - 7<sup>th</sup>, 2025

**Location:**

Deerfield High School

\* **Iguanas Greg Johnson Relay Meet -USA**

Dec 13<sup>th</sup>, 2025

**Location:**

14th at Roosevelt High School

\* **Bensenville Vs Vernon Hills -REC**

Dec 20<sup>th</sup>, 2025

**Location:**

Vernon Hills High School