



2024 OH CM Jose Cerda Memorial Invitational
November, 8-10, 2024
Held under the sanction of USA Swimming
Sanction #: OH-245C-xx

Hosted by



**CINCINNATI
MARLINS, INC.**

Location:	Keating Natatorium, St. Xavier High School 616 W. North Bend Rd Cincinnati, OH 45224
Facility:	Keating Natatorium is an 8 lane x 50 meter indoor pool with a removable bulkhead in place to make 2 25 yard competition pools. The water depth is 6ft from the balcony (south) end of the pool to 4ft in depth at the Scoreboard (north) end of the pool The competition course has been certified in accordance with current USA Swimming Rules and Regulations, Article 104.2.2C(4). The host will ensure the required course dimensions.
Meet Director:	Jen Hedger, Jhedger@cincy-marlins.com / 513-761-3320
Meet Referee:	Rob Razzano officials@cincy-marlins.com
Officials Contact for the Meet:	officials@cincy-marlins.com
Entry Chair:	Lisa Habel lhabel@cincy-marlins.com / 513-604-4214. Entries: mmanager@cincy-marlins.com
Disclaimer:	In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.
Meet Type:	Invitational Timed Finals
# of Sessions:	5 Sessions over 3 days, 1 pool per session In the event of heavy entries resulting in the use of two pools, teams MAY be asked to assist with timing providing roughly 1 timer per 6 swimmers in that session. Volunteer requirements will be communicated 7 days or more before meet start. Please visit the event page on cincy-marlins.com for updated information before the meet.
Medical Supervision available to athletes	Keating Natatorium has 2 automated external defibrillators (AED's) located at each end of the pool. Certified and trained Lifeguards are also on deck during all warmups and competition sessions.

Organization Regulations/Waivers

USA Swimming Rules

- At a sanctioned competitive event, all USA Swimming athletes must be under the supervision of a USA Swimming member coach. Arrangements for coach supervision must be made in advance of the meet.
- Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.
- The use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.
- Use of cameras, cell phones or any other recording device is not permitted immediately behind the starting blocks at either end of the racing course(s) during race starts, competition and warm-ups. Please refer to the Safe Sport section of the Ohio Swimming, Inc. policies and procedures for further information regarding the use of visual recording devices.
- Deck changes are prohibited.

Organization Regulations/Waivers	
	<ul style="list-style-type: none"> • Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. • Flash photography is not permitted at the start of any race. • All applicable adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy (MAAPP) and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.
Technical Suit Ban	<p>Per USA Swimming Rule 102.8.1F, 12 & Under athletes may not compete in Technical Suits at this meet.</p> <p>A Technical Suit is one that has the following components:</p> <ul style="list-style-type: none"> • Any male or female suit with bonded or taped seams regardless of fabric or silhouette; or • Any male or female suit with woven fabric extending to the knee or mid-thigh regardless of the seam type.
Ohio State Laws that are applicable to Ohio Swimming sanctioned events	<ul style="list-style-type: none"> • Ohio's Return to Play Law (ORC 3313.539 and ORC 3314.03) requires that coaches and referees either (1) complete a free online training once every three (3) years in recognizing the symptoms of concussion or (2) hold a pupil-activity program permit from the Ohio State Board of Education. Free online concussion training is offered through the National Federation of State High School Association and Centers of Disease Control. Training links can be found at www.swimohio.com under Safe Sport>Concussion. • There will be the required number of certified lifeguard(s) on duty at all times at this meet per Ohio Administrative Code 3701-31-04-E-4.
Safe Sport 360	<ul style="list-style-type: none"> • The U.S. Center for Safe Sport program is a comprehensive abuse prevention program dedicated to creating a healthy and positive environment free from abuse for all its members. Components of the program include, but are not limited to, providing education and training, enforcing policies (such as the Minor Athlete Abuse Prevention Policy), rules and best practice guidelines, promoting healthy boundaries and mandatory reporting of violations. • The Minor Athlete Abuse Prevention Policy (MAAPP) prohibits Applicable Adults (as defined) from having one-on-one interactions with minor athletes which are not within an observable and interruptible distance from another adult. Applicable Adults are required to abide by this policy in full during this meet. • Pursuant to USA Swimming Rules and Regulations and federal law, it is every member's responsibility to immediately (i.e., within 24 hours) report any incident of child abuse, including physical or sexual abuse, to law enforcement and the U.S. Center for SafeSport. Reporting must occur when an individual has firsthand knowledge of misconduct or where specific and credible information has been received from a victim or knowledgeable third party. A report to the U.S. Center for SafeSport may be made via telephone at 833-5US-SAFE (833-587-7233) or online at www.uscenterforsafesport.org/report-a-concern. Various state laws may also require reporting to law enforcement or to a designated child protection agency. • All athletes aged 18 and older must complete Athlete Protection Training in order to be a USA Swimming registered member in good standing. Any athlete who turns 18 on or after the first day of the start of competition, who has not completed Athlete Protection Training by the first day of competition, will be prohibited from participating in the competition until such time as all membership requirements are completed. Times achieved by an athlete who turns age 18 on or after the first day of competition, who competes in this USA Swimming sanctioned event without completing this membership requirement, will NOT count for qualification or recognition. This includes participation as a member of a relay. • For information on how to report other alleged violations, including without limitation, the USA Swimming Code of Conduct, and the Minor Athlete Abuse Prevention Policy, please visit www.usaswimming.org/report.
Waiver/Release	<ul style="list-style-type: none"> • By entering this meet, you are granting permission for the names of any or all of your team's swimmers to be published on the internet in the form of Psych Sheets, Meet Results, or any other documents associated with the running of this meet. • All participants agree to be filmed and photographed by the host club approved photographer(s) and videographers and to allow the right to use names and pictures before, during, or after the meet such as in public psych sheets, heat sheets, and results or featured on the host club or OSI website or social media or in public broadcast of the event via television or webcast. Parents and guardians of minor swimmers who do not wish their swimmers to participate in interviews or have individual pictures featured on any media should inform their team's head coach and the Meet Director prior to the meet.

Entering the Meet	
Eligibility:	<ul style="list-style-type: none"> • No swimmer will be permitted to compete unless the <u>swimmer is a member</u> as provided in Article 302. • All contestants must be verified USA Swimming members. Membership will not be verified at the meet. • Membership verification deadline is 5 PM EST one (1) business day prior to the first day of the meet. Unverified swimmers will be scratched from the meet after that deadline. There will be no refunds for unverified swimmers scratched from the meet. • All adult athletes must hold current Athlete Protection Training certification. • Age on the first day of the meet will determine age for the entire meet.
Disability Swimmers:	<ul style="list-style-type: none"> • Ohio Swimming welcomes swimmers with a disability, no time entry time standard required. • Entry Procedures: <ul style="list-style-type: none"> • Enter the USA-S swimmers with a disability electronically or on the paper entry form. • Provide the grouping the swimmer is identified under (P1, P2, P3) and any necessary accommodations. • List in the email with the electronic entry (or on the paper entry) the swimmer's name, entry times, based on grouping (P1, P2, P3) strokes/distances and days/sessions. • Preferred seeding is in the swimmer's age group entered event at the same distance with their equivalent non-conforming time to ensure seeding in the initial heats. • See the Ohio Swimming Policy Book for Grouping descriptions (P1, P2, P3).
Entry Limits Entry Fees:	<ul style="list-style-type: none"> • Swimmers may swim a maximum of FOUR (4) individual events per day. • \$5.00 per individual event. • \$5 OH LSC surcharge per swimmer. • \$12 CM Facility Fee surcharge per swimmer.
Entry Procedures:	<ul style="list-style-type: none"> • Deadline for receipt of entries is TUESDAY October 22, 2024. • Entries must be submitted in SCY using an electronic meet entry software (Hy-Tek/Team Unify). • Unattached swimmers (not with a team) are encouraged to use Hytek's TM Lite for entry submission. Entries not completed through a team software are subject to a \$25/swimmer surcharge. These fees are due at the time of the entry submission. • Send entries via email to: mmanager@cincy-marlins.com with your team name in the Subject. <ul style="list-style-type: none"> • Include the names of any Outreach and/or Disability swimmers in the email. • Checks should be made payable to: Cincinnati Marlins, Inc. • "No Time" (NT) entries ARE accepted. • The Meet Director reserves the right to limit entries, if necessary, to manage the timeline and number of competitors and spectators at each session.
Warm-up and Safety Guidelines:	<ul style="list-style-type: none"> • The meet host will provide a complete schedule of warm-up procedures to include lane assignments and times, which must be adhered to by all participants. This information will be distributed in advance of the meet. • Warm-ups will be monitored jointly by the Meet Director and Meet Referee (or their special designees). • Except during supervised racing starts, swimmers must enter the pool feet first in a cautious manner with one hand in contact with the pool deck. • Ohio LSC Swimming Safety Guidelines and Warn-Up Procedures will be in effect for this meet. • No spectators allowed on deck.
Competition Guidelines:	<ul style="list-style-type: none"> • This meet will be a timed finals meet. • This meet will be contested in SCY. • This meet will be pre-seeded. Deck entries be accepted at the meet (see Deck entry section below). • Clerk of Course Staging will be available for 8 & Unders in Saturday and Sunday events. • Please see the Order of Events page for event specifics. • Friday events will swim fast to slow and may be seeded combined women & men. See Schedule of Events for notes on events. • Flyover Starts may be used at the discretion of the Meet Referee. • Positive Check-in Procedures & entry limits:

Entering the Meet	
	<ul style="list-style-type: none"> ○ Check in will be in the entry hall and opens 15 minutes before Session warm up and closes 60 minutes before the <u>session start</u> time unless otherwise noted on the Order of Events. ○ Swimmers not checked in will not be seeded. ○ Entry fees for a swimmer seeded within the revised limits as posted on the meet webpage <u>and</u> not checked in are forfeited. ○ Entry fees will be refunded for any swimmer NOT given the opportunity to swim and seeded higher than the final limit as posted on the meet webpage (attendance is not required). ○ Any swimmer wishing to know if they have made the cut-off may check the meet page on the Marlins web site @ www.cincy-marlins.com Wednesday before the meet or determine eligibility on arrival. ● <u>Timed Final Positive Check In Events Scratch Penalty:</u> Swimmers who do not appear for their races <u>after checking in</u> will forfeit their next event even if it is the next day; or if this was his/her last swim, his/her club will be fined \$25.
Deck Entries	<ul style="list-style-type: none"> ● Deck entries will be accepted at this meet for athletes already entered in this meet, and only where there's a lane available. ● Deck entry fee will be \$10 per individual event.
Awards:	<ul style="list-style-type: none"> ● Ribbons – 1st – 8th for age groups by event. ● Results will be posted during the meet and available in Meet Mobile (technology permitting). ● Complete results will be posted on the meet page after the meet.
General:	<ul style="list-style-type: none"> ● Hospitality will be provided for officials and coaches during the meet. ● NO GLASS CONTAINERS permitted. ● Concessions will be available! ● Gym MAY be available for swimmer use. Please check website for specifics. ● Results & heat sheets will be published on meet mobile (technology permitting) and on the meet page after the meet. ● The meet will be livestreamed for at home viewing (technology permitting). ● Spectators will be limited according to Fire Code posted Capacity limits.
Deck Access:	<ul style="list-style-type: none"> ● The Meet Director and Meet Referee at each site reserve the right to limit deck access in the event of overcrowding, inappropriate behavior or for any reason concerning the safety of the efficient operation of the meet. USA Swimming Rules of Conduct will be strictly enforced. ● Non–Athlete Registration cards do NOT grant access to the pool deck at any time. ● Only Volunteers, Coaches and Officials signed up to work/attend the event will be permitted on deck.
Code of Conduct:	Any individual who exhibits a behavior of a threatening, abusive, or derogatory manner toward an official or member of the meet staff is subject to immediate removal and further expulsion from the meet. Coaches will be notified of the actions of their respective teams.
Locker Rooms/ Restrooms:	<ul style="list-style-type: none"> ● Locker rooms/restrooms will be open for swimmers to quickly change in to/out of suits. These locker rooms/restrooms are located Balcony end behind the blocks and are for athletes/children ages 17 and Under only - Adults ages 18 and Over are not permitted to use these locker rooms/restrooms. At no time should swimmers congregate in the locker rooms/restrooms. ● Adults ages 18 and Over must use restrooms located in the Jim Brower Hallway - athletes/children ages 17 and Under are not permitted to use the Jim Brower Hallway restrooms. Adults ages 18 and Over are not permitted to use not locker rooms/restrooms designated for athletes/children ages 17 and Under. ● A family restroom is located in the hallway between the main entry and pool deck.

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Sanction # OH-25SC-xx

ORDER OF EVENTS

Women-> Odd Numbered Events; Men-> Even. All events Short Course Yards.

FRIDAY		
EVENING Timed Final SESSION		
Doors Open: 4:15 pm Warmup: 5:00-5:50 pm Session Start: 6:00 pm Positive Check In: 4:45 - 5:25 pm		
101 (Mixed)	13&O	1000Free*
103 - 104	10&U	200 IM
105 - 106	11-12	400 IM
107 - 108	13&O	400 IM
109 - 110	12&U	500 Free
111 - 112	13&O	500 Free
<p style="text-align: center;">All Friday Events: Positive check in applies: (penalty for NS after checked in).</p> <p style="text-align: center;">Seeded Fast to Slow.</p> <p style="text-align: center;">MAY be limited to top 48. (* MAY be limited to top 24.)</p> <p style="text-align: center;">MAY be seeded Women & Men combined. (Please see Meet Notes for updated check in procedures.)</p>		

SATURDAY		
AM Timed Final SESSION		
Doors Open 30 mins before warmups Warmup: Not Before 7 am Session Start: Not Before 8:10 am		
201 - 202	11-12	200 Free
203 - 204	13&O	200 Free
205 - 206	11-12	100 Breast
207 - 208	13&O	100 Breast
209 - 210	11-12	50 Fly **
211 - 212	11&O	200 Fly **
213 - 214	11-12	50 Free
215 - 216	13&O	50 Free
217 - 218	11-12	50 Back **
219 - 220	11&O	200 Back **
221 - 222	11-12	100 IM

PM Timed Final SESSION		
Warmup: TBA Start: TBA, Not Before 12:00 pm		
251 - 252	9-10	50 Back
253 - 254	8&U	25 Back
255 - 256	9-10	200 Free
257 - 258	8&U	100 Free
259 - 260	9-10	100 Fly
261 - 262	8&U	50 Fly
263 - 264	9-10	50 Breast
265 - 266	8&U	50 Breast
267 - 268	9-10	50 Free
269 - 270	8&U	25 Free

SUNDAY		
AM Timed Final SESSION		
Doors Open 30 mins before warmups. Warmup: Not Before 7:00 am Session Start: Not Before 8:10 am		
301 - 302	11-12	100 Free
303 - 304	13&O	100 Free
305 - 306	11-12	50 Breast **
307 - 308	11&O	200 Breast **
309 - 310	11-12	100 Back
311 - 312	13&O	100 Back
313 - 314	11-12	200 IM
315 - 316	13&O	200 IM
317 - 318	11-12	100 Fly
319 - 320	13&O	100 Fly

PM Timed Final SESSION		
Warmup: TBA Start: TBA, Not Before 12:00 pm		
351 - 352	8&U	25 Fly
353 - 354	9-10	50 Fly
355 - 356	8&U	25 Breast
357 - 358	9-10	100 Breast
359 - 360	8&U	50 Back
361 - 362	9-10	100 Back
363 - 364	8&U	50 Free
365 - 366	9-10	100 Free
367 - 368	8&U	100 IM
369 - 370	9-10	100 IM

**** 11-12 ATHLETES: NOTE regarding Saturday & Sunday 11&O events.**

The intent is that the swimmer **picks ONE** of the following event pairs.
There will be no breaks should you enter to swim both.

11-12 11&Over Event Pairs:

50 Breast/200 Breast

50 Back/200 Back

50 Fly/200 Fly

Summary of Fees/Release Form 2024 CM Jose Cerda Memorial Invitational

Team Name	
Club Representative	
Club Rep Email (for questions about entries)	
Coach Attending	
Coach Phone	
Coach Email	

Item	Total #	Cost per	Total
Individual Entries (exclude Outreach)		\$5.00 per event	
OSI Swimmer Surcharge (exclude Outreach)		\$5.00 per swimmer	
Host Team Facility Surcharge (exclude Outreach)		\$12.00 per swimmer	
Total Fees Due			

Please list any Outreach Swimmers Below:

Total # outreach IEs: (# swimmers x # entries x \$5.00)		Total # of Outreach swimmers x \$17 surcharge:	
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(Outreach fees can be subtracted from your team totals)

Waiver, Acknowledgement and Liability Release:

I, the undersigned coach, or team representative, verify that all the swimmers listed on the enclosed entry and coaches attending the meet are current USA Swimming members **IN GOOD STANDING**. I acknowledge that I am familiar with the Safety Rules of USA Swimming, Inc. and Ohio Swimming, Inc. regarding warm-up procedures and meet safety guidelines, and that I shall be responsible for the compliance of my swimmers with those rules during this meet. Cincinnati Marlins, St. Xavier High School Keating Natatorium, Ohio Swimming, Inc., and USA Swimming, Inc., their agents, employees, and coaches shall be held free and harmless from any and all liabilities or claims for damages arising by reason of illness or injury to anyone during the conduct of this meet. I also acknowledge that by entering this meet, I am granting permission for the names of any or all of my team's swimmers to be published on the internet in the form of Psych Sheets, Meet Results, or any other documents associated with the running of this meet.

Signature (Coach or Club Representative)

Club Title (Coach etc)

Name of Club

Date

Send this form with check to:

Cincinnati Marlins, Business Manager, 616 W. North Bend Rd. Cincinnati, OH 45224-1424