2026-2027 NKU Winter Schedule

Starts 10/24 (The schedule is subject to change in order to best serve the needs of all groups)

	Monday	**Tuesday**	**Wednesday**	**Thursday**	**Friday**	**Saturday @Keating**
SENIOR **Starts 10/24**	Dyn 3:30p Sw 3:45-5:45pm	Dyn 3:30p Sw 3:45-5:45pm DL 6-6:45pm	Dyn 3:30p Sw 3:45-5:45pm	Dyn 3:30p Sw 3:45-5:45pm DL 6-6:45pm	Dyn 3:30p Sw 3:45-5:45pm	DL 8:00-8:50am Sw 9:00-11:00am
BLUE **Starts 10/24**	Sw 7-8:45pm	DL 5-5:30pm Sw 5:45-7:30 pm	Sw 7-8:45pm	DL 5-5:30pm Sw 5:45-7:15pm	Sw 5:30-7:15 pm	Dyn 8:45am Sw 9:00-11:00am DL 11:10-11:55am
GOLD **Starts 10/24**	DL 5:15-5:45pm Sw 6-7:30pm	Sw 7-8:30 pm	Sw 5:30-7pm DL 7:15-7:45pm	OFF	Sw 7-8:30pm	DL 10:20-10:50am Sw 11:00-12:30pm
SILVER **Starts 10/24**	Sw 5:45-7pm DL 7:15-7:45pm	Sw 5:45-7:00pm	DL 5-5:30pm Sw 5:45-7pm	Sw 7-8:15pm	OFF	DL 10:40-11:10am Sw 11:15-12:30pm
BRONZE **Starts 10/24**	DL 4:30-4:50pm Sw 5-6pm	OFF	Sw 7-8pm	OFF	DL 6:40-7:05 Sw 7:15-8:15pm	OFF
Seahorse **Starts 10/24**	OFF	OFF	OFF	OFF	OFF	AT NKU Group 1: 11am-12pm Group 2: 12pm-1pm