

2026 SC Senior State Champs Time Standards

A Flight Qualifying Times				
WOMEN		Event	MEN	
LCM	SCY		SCY	LCM
29.59	26.09	50 Freestyle	23.19	26.99
1:04.39	56.49	100 Freestyle	50.99	58.99
2:18.99	2:02.39	200 Freestyle	1:51.79	2:08.69
4:51.79	5:29.39	400/500 Freestyle	5:02.69	4:34.39
10:05.99	11:24.19	800/1000 Freestyle	10:33.99	9:29.99
19:21.09	19:06.69	1500/1650 Freestyle	17:36.89	18:11.09
1:11.39	1:01.39	100 Backstroke	55.49	1:05.19
2:33.39	2:13.29	200 Backstroke	2:01.29	2:21.49
1:20.99	1:10.59	100 Breaststroke	1:03.19	1:13.49
2:54.49	2:32.79	200 Breaststroke	2:17.29	2:39.79
1:09.29	1:01.09	100 Butterfly	55.19	1:03.09
2:34.29	2:16.19	200 Butterfly	2:03.39	2:21.09
2:36.99	2:16.49	100/200 Individual Medley	2:03.99	2:24.69
5:32.49	4:51.59	400 Individual Medley	4:24.69	5:07.79

A Flight Bonus Qualifying Times				
WOMEN		Event	MEN	
LCM	SCY		SCY	LCM
2:31.69	2:14.19	200 Freestyle	2:01.79	2:20.19
5:17.49	5:55.39	400/500 Freestyle	5:29.39	4:55.49
10:57.69	12:14.09	800/1000 Freestyle	11:27.69	10:21.59
20:59.99	20:30.39	1500/1650 Freestyle	19:14.49	19:57.19
2:52.19	2:29.49	200 Backstroke	2:16.69	2:39.39
3:14.19	2:49.89	200 Breaststroke	2:33.89	2:59.69
2:49.69	2:30.89	200 Butterfly	2:17.19	2:36.69
2:52.09	2:31.69	100/200 Individual Medley	2:17.29	2:38.39
6:03.39	5:19.39	400 Individual Medley	4:55.59	5:40.19

B Flight Qualifying Times				
WOMEN		Event	MEN	
LCM	SCY		SCY	LCM
10:57.69	12:14.09	800/1000 Freestyle	11:27.69	10:21.59
20:59.99	20:30.39	1500/1650 Freestyle	19:14.49	19:57.19

Swimmer with a Disability Time Standards

Swimmer with a Disability A Flight Parallel Bonus Qualifying Times SCY						
WOMEN			Event	MEN		
P1	P2	P3		P1	P2	P3
1:19.09	42.39	33.29	50 Freestyle	1:09.79	37.19	29.59
2:50.19	1:29.99	1:11.59	100 Freestyle	2:33.79	1:21.49	1:03.29
6:09.89	3:05.79	2:49.39	200 Freestyle	4:30.29	2:52.89	2:23.89
	7:33.79	6:54.99	500 Freestyle		7:26.89	6:10.49
	16:51.79	16:54.79	1000 Freestyle		15:27.39	14:25.19
	30:59.09	26:58.79	1650 Freestyle		26:24.89	25:11.49
2:57.09	1:54.19	1:22.49	100 Backstroke	2:08.69	1:55.29	1:11.09
	3:58.39	3:37.29	200 Backstroke		3:24.59	2:46.99
4:02.59	1:58.69	1:37.39	100 Breaststroke	3:08.49	1:48.89	1:25.69
	4:58.79	3:57.99	200 Breaststroke		4:15.79	3:39.39
	2:06.89	1:24.49	100 Butterfly		1:58.59	1:08.89
		3:26.89	200 Butterfly			3:23.29
7:19.99	3:53.59	2:52.49	100/200 Individual Medley	6:17.39	3:33.59	2:33.79
		8:00.49	400 Individual Medley			6:11.49

Swimmer with a Disability A Flight Parallel Bonus Qualifying Times LCM						
WOMEN			Event	MEN		
P1	P2	P3		P1	P2	P3
1:17.99	44.99	36.99	50 Freestyle	1:10.69	40.49	33.79
2:48.69	1:38.69	1:21.59	100 Freestyle	2:38.29	1:25.69	1:12.49
6:18.79	3:22.89	3:12.39	200 Freestyle	5:11.19	3:05.99	2:45.69
	6:26.49	6:07.69	400 Freestyle		6:18.69	5:35.89
	14:56.19	14:58.79	800 Freestyle		13:53.79	12:20.79
	31:22.39	27:19.19	1500 Freestyle		27:16.19	23:38.49
3:04.39	2:12.79	1:35.99	100 Backstroke	2:31.19	2:06.59	1:23.59
	4:34.29	4:09.99	200 Backstroke		3:40.99	3:14.79
4:38.29	2:16.09	1:51.79	100 Breaststroke	2:58.79	2:00.59	1:39.69
	5:41.19	4:31.79	200 Breaststroke		4:57.69	4:15.29
	2:22.49	1:35.79	100 Butterfly		2:05.99	1:18.79
		3:54.39	200 Butterfly			3:52.49
8:01.89	4:11.09	3:18.39	100/200 Individual Medley	7:20.39	3:45.79	2:59.49
		9:07.79	400 Individual Medley			7:11.99

Swimmer with a Disability Time Standards

Swimmer with a Disability A Flight Parallel Bonus Qualifying Times SCY						
WOMEN			Event	MEN		
P1	P2	P3		P1	P2	P3
7:06.49	3:31.69	3:08.09	200 Freestyle	4:50.89	3:18.49	2:35.79
	8:37.49	7:09.19	500 Freestyle		8:20.79	6:43.49
		16:18.49	1000 Freestyle			15:54.69
		29:37.99	1650 Freestyle			29:31.53
	4:27.89	3:39.59	200 Backstroke		3:46.09	3:01.59
	4:44.69	3:53.29	200 Breaststroke		4:20.89	2:56.09
		3:18.09	200 Butterfly			2:47.39
	4:29.59	3:19.39	100/200 Individual Medley		4:06.19	2:32.49
		7:41.39	400 Individual Medley			6:40.09

Swimmer with a Disability A Flight Parallel Bonus Qualifying Times LCM						
WOMEN			Event	MEN		
P1	P2	P3		P1	P2	P3
7:06.49	3:42.79	3:28.99	200 Freestyle	4:50.89	3:28.89	2:53.09
	7:02.39	6:16.39	400 Freestyle		6:48.79	5:54.69
		13:52.79	800 Freestyle			13:32.49
		27:46.39	1500 Freestyle			27:40.29
	4:41.99	4:03.89	200 Backstroke		3:57.99	3:21.79
	4:59.59	4:19.19	200 Breaststroke		4:34.59	3:31.89
		3:40.09	200 Butterfly			3:21.39
	4:43.69	3:34.79	100/200 Individual Medley		4:19.09	3:03.59
		8:26.99	400 Individual Medley			7:13.39

Swimmer with a Disability B Flight Parallel Qualifying Times SCY						
WOMEN			Event	MEN		
P1	P2	P3		P1	P2	P3
		16:18.49	1000 Freestyle			15:54.69
		29:37.99	1650 Freestyle			29:31.53

Swimmer with a Disability B Flight Parallel Qualifying Times LCM						
WOMEN			Event	MEN		
P1	P2	P3		P1	P2	P3
		13:52.79	800 Freestyle			13:32.49
		27:46.39	1500 Freestyle			27:40.29