



LAKE ERIE SILVER DOLPHINS

WEMBLEY SITE GENERAL SCHEDULE

Practice starts TBD

Swimmers are encouraged to start at Hawken on August 24



DRYLAND All practices start with dryland that might take place in the pool, gyms, or outside. Please come prepared to participate.



MONTHLY CALENDARS Each month we provide a detailed schedule that includes any updates, possible changes, or cancellations. **Please be sure to review the posted monthly schedule carefully.**



SCHEDULES are subject to change throughout the season at the discretion of the coaching staff.

GROUP		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY PRACTICES ARE AT HAWKEN
C2	CHALLENGE 2	No C2 Practice	4:15-6:15 PM	4:15-6:15 PM	4:15-6:15 PM	4:15-6:15 PM	10:00-12:00 PM
C1	CHALLENGE 1	4:15-6:15 PM	4:15-6:15 PM	4:15-6:15 PM	4:15-6:15 PM	4:15-6:15 PM	10:00-12:00 PM
D2	DISCOVERY 2	4:15-5:45 PM	4:15-5:45 PM	4:15-5:45 PM	4:15-5:45 PM	No D2 Practice	10:30-11:45 AM
D1	DISCOVERY 1	4:15-5:45 PM	4:15-5:45 PM	4:15-5:45 PM	No D1 Practice	No D1 Practice	10:30-11:45 AM