



# 2025-2026 LESD GENERAL SCHEDULE



*This is the general LESD schedule. Each month we provide a detailed schedule that includes any updates, possible changes, or cancellations. Please be sure to review the monthly schedule carefully*

*Swimmers should choose a primary location. We realize swimmers will attend other sites occasionally and we encourage you to do so as needed*

*All practices with dryland that might take place in the pool, gyms or outside please come prepared to participate*

## Wembley Site Schedule- **September 15,2025**

*Swimmers are encouraged to register and start at Hawken until Wembley opens*

GROUP	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday <small>ALL PRACTICES @ HAWKEN</small>
CHALLENGE 2 (C2)		4:15-6:15 PM	4:15-6:15 PM	4:15-6:15 PM	4:15-6:15 PM	10:00-12:00
CHALLENGE 1 (C1)	4:15-6:15 PM	10:00-12:00				
DISCOVERY 2 (D2)	4:15-5:45 PM	4:15-5:45 PM	4:15-5:45 PM	4:15-5:45 PM		10:30-11:45
DISCOVERY 1 (D1)	4:15-5:30 PM	4:15-5:30 PM	4:15-5:30 PM			10:30-11:45