

MAAC Practice Schedule
Fall 2026
Begins August 26th, 2026

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Pre Comp	5:00-5:45pm	5:00-5:45pm	5:00-5:45pm	5:00-5:45pm	OFF	OFF
AGC	6:00-7:30pm ----- 6:00-6:20 Dryland 6:20-7:30 Swim	6:00-7:30pm ----- 6:00-6:20 Dryland 6:20-7:30 Swim	6:00-7:30pm ----- 6:00-6:20 Dryland 6:20-7:30 Swim	6:00-7:30pm ----- 6:00-6:20 Dryland 6:20-7:30 Swim	5:00-6:30 pm	10:00-12:00 pm
AAG	5:15-7:30pm ----- 5:15-5:45 Dryland 5:50-7:30 Swim	5:15-7:30pm ----- 5:15-5:45 Dryland 5:50-7:30 Swim	5:15-7:30pm ----- 5:15-5:45 Dryland 5:50-7:30 Swim	5:15-7:30pm ----- 5:15-5:45 Dryland 5:50-7:30 Swim	5:00-6:30pm	10:00-12:00 pm
MRC	4:30-7:15pm ----- 4:30-6:30 Swim 6:35-7:15 Dryland	4:30-7:15pm ----- 4:30-6:30 Swim 6:35-7:15 Dryland	4:30-7:15pm ----- 4:30-6:30 Swim 6:35-7:15 Dryland	4:30-7:15pm ----- 4:30-6:30 Swim 6:35-7:15 Dryland	4:30-6:30pm	10:00-12:00 pm
Saturday Practice times may adjust based on the Georgia Tech Schedule Please check the REMIND APP for Saturday practices times weekly						