

## **East Side Practice Times (Oahu Club)**

Jr Bronze	3:30-4:30	M, W, F
Bronze I	3:30-4:30	M, W, F
Bronze II	3:30-4:30	T, W, Th, F
Jr Silver I	3:30-5:00	M,T,Th,F
Jr Silver II	3:30-5:30	M,TH,F
	3:30-5:00	Tuesday
Silver	5:00-6:30 (4:30-6:00 Fri)	T, W, F
Jr Gold I	4:30-6:30	M.W.Th.F
Jr Gold II	4:30-6:30	Monday-Friday
Gold I	4:30-6:30	Monday-Friday
Gold II	4:00-6:30	Monday-Friday
Senior	4:30-6:30	Monday-Friday
Senior Elite	4:00-6:30	Monday-Friday

Weekday AM practice on calendar (Gold,Senior)

\*Saturday practice to be announced on Team Calendar

## **West Side Practice Times (Kamehameha Schools)**

Menehune	3:00-4:00	M, T, Th
Honu I	3:00-4:00	M, T, Th
Honu II	3:00-4:00	M,T,Th
	3:00-4:30	Friday
Naia I	3:00-4:30	M, T, Th, F
Naia II	3:00-5:00	M, Th, F
	3:00-4:30	Tuesday
Kaku I	4:00-6:00	M.T.Th,F
Kaku II	4:00-6:00	Monday-Friday
Ulua	5:00-6:00	Monday-Thursday
Mano I	4:00-6:00	Monday-Friday
Mano II	3:30-6:00	Monday-Friday
National	4:00-6:00	Monday-Friday
National Elite	4:00-6:00	Monday-Friday

Weekday AM practice on calendar (Mano,National))

\*Saturday practice to be announced on Team Calendar revised 8/25