



Allegheny North Swim Club Swimmer Code of Conduct

As a member of Allegheny North Swim Club, I understand and will comply with the following guidelines:

1. I will follow all instructions given by the coaches at practices, meets, and all other team activities.
2. I will display proper respect and sportsmanship toward coaches, teammates, officials, parents, and the public, and refrain from any behavior that may discredit, or embarrass the team.
3. I will be respectful of other people's possessions and property and will refrain from activities that cause damage to either. Team members are financially responsible for any damage they cause.
4. Any physical or verbal harassment of others is strictly prohibited.
5. The possession or use of alcohol, tobacco products, or controlled substances is prohibited at any time.
6. I am expected to follow all pool rules and facility rules at practices and meets.
7. I am expected to use appropriate language at all times at practice, meets, and all other team activities.
8. I am expected to display a positive attitude and refrain from any disruptive behavior at practices and meets, and give an honest effort in training and competition.
9. I am expected to uphold the standards outlined above both in and out of the pool.

The Executive Board and coaches have the authority to impose penalties for infractions of this Code of Conduct or any behavior they deem detrimental to the best interests of the Club or other swimmers. This includes incidents at school or at another organization that raises concerns about safety, sportsmanship, or adherence to these standards.

Disciplinary actions, determined at the discretion of the coaches and/or the Executive Board, may include, but are not limited to, verbal warnings, dismissal from practice, contacting parents, temporary suspension from club activities, or expulsion from the team. In alignment with the grievance procedure, all involved parties will be informed of the processes and range of potential consequences. Decisions regarding continued participation, suspension, or reinstatement will be made based on the best interests of the athlete, team members, and the club's duty to maintain a safe and positive environment for all participants.