



LMST NEWS

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New Information Highlighted in

LMST Quad Meet RSVP/Signup

Sign Up by 10/11 (F)!

Included below is an RSVP and sign-up to donate, volunteer, and bring items for volunteers to borrow for the LMST Quad Meet Tailgate on Saturday, October 19th!

[LMST Quad Meet Tailgate RSVP/Sign-Up](#)

Immediately upon conclusion of the LMST Quad swim meet, families of BLST, DASH, LMST, and PSC will gather behind the Linn-Mar Aquatic Center to partake in a "tailgate." Volunteers will provide lunch for attendees and games for families to partake in. This meet is only for 13 and over swimmers in the Platinum, Diamond, Senior, and National groups. All other swimmers will be attending the Coe meet this weekend.

Linn-Mar Swim Team does not have a final timeline for the meet yet, but we are anticipating a 9 AM competition start time with the session not expected to last more than a couple of hours. The tailgate has a tentative event time of 11 AM to 1 PM.

Families of LMST along with other teams are encouraged to attend and sign up to donate/volunteer. Please RSVP all family members in attendance and sign up to donate/volunteer by **Friday, October 11th**. However, please RSVP sooner if you know that your family will be attendance so that LMST can get an accurate representation of numbers.

LMST asks families to *bring their own lawn chairs* for the event and help set up and clean up before and after the event. Our team hopes to provide visiting teams with more information about the meet and the tailgate 3-4 days before competition day.

If you have any questions or ideas that we have not thought about the event yet, please contact Jackson. We hope that all families can stay after the meet for some fun outdoors!



Pictured Above: LMST Diamond Lead Coach Ozgur Celik at the 2024 IASI Long Course Championships in Des Moines, IA on Sunday, July 28th (Source: Chris Pose Photography)

Meet Recap

Lions Fall Invite Recap

Linn-Mar Aquatic Center | Saturday, October 5th

Thank you to all the parents who were able to officiate, volunteer and donate their time over the weekend, the meet wouldn't have run as smoothly without your help.

A PDF of the results are included on the [2024 LMST Fall Invite Meet Page](#).

First Legal 25/50 BR in Competition:

- Arabella Bautista
- Marcus Becker
- Connor Burkle
- Khushi Dua
- Owen Kempf
- Sophie Meis
- Arayna Paranjape
- Nora Gilliland
- Graham Goldsmith
- Eva Leclere
- Sai Ramesh

First Legal 25/50 FL in Competition:

- Dhiksha Biju
- Colin Janda
- Bridget Landherr

- Arayna Paranjape
- Micah Reddinger
- Emma Thompson
- Benji Yetter

First Legal 100 IM in Competition

- Carter Beierschmitt
- Kate Caldwell
- Kylie Caldwell
- Mahima Devi Reddy
- Khushi Dua
- Aarush Govinda Raju
- Samantha Mollman
- Ella Smith
- Harper Teff
- Emma Thompson
- Maddie Witt

New IASI Long Course Championships Qualifying Standards ("Q" Times):

- Megan Kueper → 13-14 Girls 200 FR
- Anna Larson → 10&U Girls 50 FL
- Carson Weis → 10&U Boys 100 FR
- Greg Wittnebel → 10&U Boys 50 BR

IASI Champ "Q" Times 2025 Same as '24 Standards

At the 2024 IASI Fall House of Delegates meeting, it was announced that "Q" times for the 2024-2025 year will remain the same as the previous year. "Q" times are qualifying times for the Iowa LSC Championships (State meet).

LMST Meet Entries Entry Report for Oct/Nov Meets

LMST Entry Reports for the Quad Meet, Harvest Invite, IMX Challenge, Midwest Challenge, and Giving Thanks meets are now uploaded to the [LMST website](#)! Email Jackson for specific questions about meet entries.

Halloween Practice

10/29 from 7:15 to 8:30 PM

Bronze, Silver, Gold, Platinum, & Diamond will have their annual Halloween Practice on Tuesday, October 29th. LMST swimmers and coaches are encouraged to come dressed in their Halloween Costume (with suit underneath). More details TBA.

Practice Calendar

Fall Calendar Updates → October & November

Calendar Beyond 11/11 Including Thanksgiving/Winter Break Practices TBA

To find the practice calendar on the team website, click on the "Team Schedule" tab and select "Calendar." Practice times are still tentative and may be subject to change.

As we arrive closer to the start of middle school and high school boy's programming at the aquatic center, in addition to the high school girl's championship season, please make note of the following changes in schedule:

Tuesday, October 29th → Halloween practice for Bronze, Silver, Gold, Platinum, & Diamond from 7:15 to 8:30 PM (time change due to MS Girls Meet). Diamond, Senior, and National will practice in the AM. NO Senior & National PM Practice.

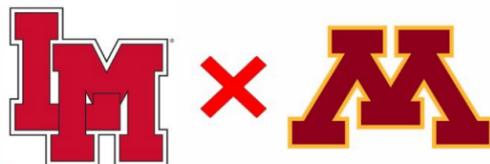
Thursday, October 31st → NO PM Practice for Bronze through Diamond. Senior and National will tentatively plan to have evening swim practice on this day. Diamond, Senior, and National will have AM practice as normal.

Thursday, November 7th → NO PM Practice due to High School Girls Diving Regionals. Diamond, Senior, and National will have AM Practice.

Week of 11/11 → Practice times on 11/11 (M), 11/13 (T), and 11/14 (Th.) will be moved to later in the evening due to HS Girls and HS Boys overlap week. Practice schedule will resume to normal on 11/15 (F).

Tuesday, November 12th → NO PM Practice due to MS Meet and HS team overlap week.

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Congratulations on Hudson Huberg for verbally committing to study and swim at the University of Minnesota!

LMST & Beyond

College Commitment: Hudson Huberg

University of Minnesota | Class of 2030

Congratulations to Linn-Mar Swim Team National group swimmer Hudson Huberg on announcing his commitment to study and swim at the University of Minnesota in the fall of 2026!

Minnesota is a part of the Big Ten Conference in NCAA Division I. Hudson will be joining former LMST teammates Ian Steffen.

Hudson has been a representative of LMST at many high caliber meets such as Summer Junior Nationals, Winter Junior Nationals, Futures, and Sectionals

He was also a participant of the Inaugural IA Altitude Select Camp at the Olympic Training Center in Colorado Springs

At LMST, Hudson has achieved individual and relay club records within the senior division. Hudson was a part of the Linn-Mar HS Boys Team where he was a member of their third-place team at the 2024 state meet.

Hudson has been involved in other roles at the LM Aquatic Center including being an LMST coach, swim lessons instructor, and lifeguard. Congratulations Hudson!

Meet Schedule

LMST Short Course (Fall/Winter) Meet Calendar December-March Meets

Dec. 6th - 8th → Linn-Mar December Invitational, Linn-Mar Aquatic Center (Marion, IA)

Jan. 5th → Linn-Mar Winter Whiteout, Linn-Mar Aquatic Center (Marion, IA)

Jan. 10th - 12th → 14&U Midwest All Star Championships, Wellmark YMCA (Des Moines, IA)*

Jan. 24th - 26th → CIA Winter Blues Buster, Waukee Natatorium (Waukee, IA)

Feb. 9th → LMST Intrasquad, Linn-Mar Aquatic Center (Marion, IA)

Feb. 15th - 16th → IASI Summer Regionals and 8&U Championships, Dubuque Schools Aquatic Center (Dubuque, IA)

Feb. 20th - 23rd → IASI Age Group Championships, Wellmark YMCA (Des Moines, IA)*

Feb. 27th - Mar. 2nd → IASI Short Course Championships, Campus Recreation and Wellness Center (Iowa City, IA)

Mar. 13th - 16th → Central Zone Spring Sectionals (SCY), Rochester Recreation Center (Rochester, MN)

*Tentative location of meets, may be subject to change.

